

Love Is Our Essence on Earth

On Earth, love is our very essence. This energy defines the deepest layers of our humanity, and it has guided our development more than anything else throughout the ages. Love is not a simple emotion but a divine gift that allowed us to be born into human bodies and experience both the beauty and the challenges of earthly life.

Just as light gives meaning to darkness, love gives substance to existence. This energy has supported the unfolding of the human race and acts as a cohesive force within societies. Love builds bridges between cultures, generations, and souls. It is the language every living being instinctively understands — a language that requires nothing more than an open heart.

Love is one of the most uplifting feelings in the world. It is an emotion that must be reciprocated. We must love those who strive, moment by moment, to act for our good. The unfolding beauty of life grows within you and sends a message to the world: “I am the one who lifts, restores, and heals all things.”

When a bird protects its young, or when a person bends down to help someone who has fallen, love reveals itself. As infants, when we are surrounded by love, gentle energies flow toward us. When we speak with love, when we raise our children with love, the spirit of care walks beside us. This energy accompanies us throughout our lives and shapes the way we connect with one another.

Life is a school where each day teaches us something about love. We come to know ourselves and recognize what we mean to others. The school of love is an inner knowledge built from experience. Through this perspective we evaluate the events of our lives, and through it we find solutions to our challenges. When our thoughts, words, and actions are guided by love, we walk in God’s world, where pure love is the compass. Whoever has found and learned the language and power of love can no longer live beside draining energies or destructive people.

Love is a blessing toward everyone. It brings happiness, and therefore we must also turn toward ourselves with love. This creates balance. The feeling of happiness spreads to others, making every loving act a gift to the world.

Love stays with us even in the hardest times. It is the one who stands by us selflessly when we need it most. It is present in honest self-reflection, when we recognize ourselves in another person. It is there in a handshake, in a quiet presence, in a comforting word — and also in the gentle act of letting go when the other’s well-being must come first. This love does not demand and does not possess; it liberates. It gives strength and hope to cross our most difficult moments.

When love becomes the compass of our daily decisions, we can create a world where healing unfolds on both physical and spiritual levels. A place is born where houses become homes. Where rules transform into communities. Where the essence of progress lies not in the speed of technology but in the depth of human connection.

Love does not come from outside. It lives within us — like a seed that opens in full splendor when it finds the right environment. Just as every living being responds to light and care, the human being also unfolds into their true self under the influence of love.

At every moment we can give thanks that this force guides our actions. If we feel lack, love fills the space. If someone or something has caused us pain, love heals the wounds. Every truly valuable creation is born from this energy — whether a poem, a painting, or a loving thought.

Love is not weakness but the strongest creative power. This energy can transform the world — through quiet presence. Love is what connects us — humans, animals, plants, planets. It is the heartbeat of the Universe. When we attune to it, we do not merely live, but exist. We do not merely survive, but flourish.