

The Meaning of Life

The meaning of life is revealed in the love that flows toward the universe. It lives where you are, and in those whom you love. Love is energy: the natural vibration of the soul that awakens doubt in what is wrong and stirs within us the innocence of a childlike heart. Without love, the world would collapse.

In every living being, the spark of divine intelligence can be seen. So the meaning of life is also present in knowledge, wisdom, growth, and the maturity of the soul. Without knowledge and understanding, there is no true life.

The meaning of life hides in discovery, in the joy of understanding, in the moments of success that bring us closer to ourselves. It is present in our everyday actions, in the search for happiness, and in the beauty that surrounds us — beauty we must learn to notice and appreciate.

The meaning of life is revealed in the love we hold for our energies. Energy is life, and life is energy. The energy of life must be sacred to all. Life-energy is the river of existence, the vibration of the Holy Spirit that flows toward us and toward all beings. Through it we receive life, we grow, and with its help we walk our earthly path.

Recognizing the good moments is a virtue; living through the difficult ones is a challenge. Between the two, only love and knowledge can sustain us, for these are the forces through which we may find happiness. Love is the cross of the heart; knowledge is the most uplifting capacity of the human mind.

Humanity is undergoing a great process of learning and purification. As the soul learns, new dimensions unfold, and these appear to us in various feelings, physical and spiritual changes. Emotional waves, fatigue, and occasional illness are natural consequences of the daily flow and activity of energies. As we pass through the phases of our karma, our loving and healing energies lift us up and guide us toward a higher, purer reality.

When we awaken the lion sleeping within us, we discover our inner strength. This life-force rises to its greatest heights when we choose the path that leads toward happiness — the path of an enlightened life. Where happiness lies, each person must discover for themselves, for there is no recipe. Many seek it in work, success, love, or affection, but this alone is not enough. We must reach wisdom, and for that we must learn, experience, and live every moment fully. Thus wisdom becomes the meaning of life.

The meaning of life is, in the end, to return to the light from which we were born. To learn to love, to understand, to grow, and to refine every experience into the gold of the soul.

When peace is born in our hearts, when knowledge becomes wisdom, when love radiates from us and is returned — then we truly understand: the meaning of life is the light we pass on.